



COMMUNITY RESOURCE LIST

HEALTHY FAMILIES/FIRST STEPS 1551 Jennings Mill Road Suite 700A, Bogart, GA 30622	706-548-3216
National Parent Helpline, Parents Anonymous (1-10 pm eastern) (Spanish speaker available)	1-855-427-2736
Children's Healthcare Nurseline-24 hour medical question line (Not toll free)	404-250-KIDS
<u>Breast-feeding</u>	
Support Groups (Free)	
▪ La Leche League of Greater Athens www.LLofAthens.blogspot.com , ksjordan@earthlink.net	706-543-4474
▪ St. Mary's Healthcare	706-549-7864
▪ WIC Breastfeeding Peer Counseling	706-369-5891
▪ Mothers Care Breastfeeding Support Group	706-475-3385
Lactation Consultants	
▪ Clarke County Health Dept.	706-389-6921
▪ Oglethorpe County	706-743-8181
▪ Athens Regional Medical Center	706-475-3385
<u>Classes</u>	
▪ Parenting Classes- call for a schedule or to sign up. Classes include information regarding developmental milestones, age-appropriate discipline strategies, and help promoting positive parent child interactions. For parents with children of all ages. Classes are free and childcare is provided.	706-548-3216
▪ Athens Regional Medical Center, call for schedule Hospital tours can be arranged as well as classes regarding topics such as childbirth and breastfeeding.	706-475-5620
▪ St. Mary's Hospital Hospital tours can be arranged as well as classes regarding topics such as childbirth and breast-feeding. Contact Melissa McDaniel.	706-549-7864
▪ Full Bloom- Pregnancy & Early Parenting Center 220 N. Milledge Avenue Pregnancy & Early Parenting Classes, Breast-feeding & Postpartum Support, Doula Referrals, Pre- & postnatal Yoga, Parent Groups Tues - Fri. 10 am - 5 pm, Sat. 10 - 3. www.fullbloomparent.com	706-353-3373
▪ Baby Touch-Infant Massage parent education & developmental play for children ages 3 weeks to 12 months. www.babytouchinfantmassage.com	706-540-6551
▪ Baby Signs-Sign language for babies-Tracey Summers www.babysignsprogram.com/withtraceysummers	850-653-5016

Child Care

The Georgia Resource and Referral Center at Quality Care for Children
Referrals to child care for infants, toddlers, and preschoolers and after-school
care for school age children. Monday - Friday 8:30-5:00 p.m. www.allgakids.org 877-722-2445

Subsidized Child Care Program - DFCS 706-227-7000
Subsidized childcare is available to families who are TANF participants
and children in CPS custody.

Clothes/Supplies

Area Churches Together Serving (ACTS) - Oconee County Only 770-725-2330
Operate a clothing closet & food shelf. 9-1 pm Tuesday/Friday

Athens Pregnancy Center 678-753-3180
Medical Ministry Building-767 Oglethorpe Ave. Offers free pregnancy testing.
Offers clothing and supplies for babies as well as maternity supplies. Parenting
classes for first-time mothers, by appointment only. Monday -Friday 9:30-4:00 pm

Clarke County Salvation Army Family Store 706-543-5350
Honor agency referrals.

Commerce First Baptist Church Clothes Closet 706-335-4083
Open Thurs 1:00-3:00

Full Bloom Pregnancy & Early Parenting Center 706-353-3373
(220 N. Milledge Ave.) Labor & Birth Products, Breastfeeding Supplies &
Clothing, Cloth diapers & accessories, Slings & baby carriers, Skin Care Products
www.fullbloomparent.com

Goodwill Industries 706-433-1900

Jackson County, Brockton Road Baptist Church Clothes Closet 706-367-5801

Jackson County First United Methodist Church 706-367-8667
(provides Layettes for Newborns)

Kids Elite Repeats-new and gently used items 400 Hawthorne Avenue 706-296-4365
10-6pm Monday through Friday; 11-4pm some Saturdays; clothes for entire
family, toys, strollers, car seats, maternity

Potter's House, Athens 706-546-5596
Sell new and used clothing as well as household items. No furniture or
appliances. Honor agency referrals.

Potter's House, Jackson County 706-543-8338

Reblossom 706-549-8900
Provides gently used clothes and items for pregnant women, mothers, and
babies. Rentals available. Located above Full Bloom at 220 N. Milledge Avenue.
Tuesday-Friday 10-5pm, Saturday 10-3pm.

Together Building a Community Outreach Center 706-208-8066
Clothing distribution is done quarterly. "The Light" Contact Dr. Craft.

Domestic Violence
Project SAFE -Crisis Line 706-543-3331

The Cottage 706-546-1133

(Sexual Assault Center & Children's Advocacy Center of Northeast Georgia)

9-5pm Monday-Friday

Crisis Line (24/7)

706-353-1912
1-877-363-1912

Education

Adult Education Department at H.T. Edwards - Athens Technical College
GED preparation classes, Monday-Thursday 8:30 am-4 pm, Friday 8:30 am-noon;
Monday-Thursday 6-8pm; ESL classes: Tuesday/Thursday 6pm-8pm

706-357-5281 ext 3

Athens Clarke County Library

706-613-3650

Athens Cooperative Experience (ACE)

Home school co-op meets each Thursday from 10am-3pm.

706-543-4474

Ferst Foundation- www.Ferstfoundation.org

A new book every month until age 5 is mailed directly to child's home address,
registration is required at website. (Clarke, Madison, Oglethorpe-Co. residents only).

Winterville Library

706-742-7735

Access to books, magazines and audio visual aids. Tutorials available for GED,
SAT, ACT, GRE, etc.

Commerce Library

706-335-5946

"Baby and Me" does rhyme and rhythm exercises for 6 months and older-
45 minutes Friday 10:30 a.m. Other classes offered. Call to get on email list for calendar updates.

Jefferson Library -

706-367-8012

Clarke County Evening Program

Offers one to three classes and a dinner meal Monday through Thursday.
Must be 16 or older.

706-357-5200

Classic City High School (Performance Learning Center-PLC)

440 Dearing Ext. Suite 3. Monday-Friday 8am-6pm

706-353-2323

Jackson County Gordon Street Center

(Regional Evening School)

706-367-2341

Jackson County Creative Resource Center

Adult Learning Center for those with disabilities

706-355-5379

ESL Classes - Beech Haven Baptist Church

English as a second language offered. Free nursery. Classes are held every
Thursday morning at 9:30-11:30. No initial phone call needed; you can just show
up at class time and go to the Fellowship Hall.

706-548-2246

Right Start

Assists parents of children birth through seven years. Basic Adult education
and tutoring for GED offered. Also, offers E.S.L. classes. Childcare, transportation parenting and meals available.
Follows UGA calendar (meets mid-August through early May).

706-357-5239

Jackson County Head Start

706-367-7257

Jackson County Comprehensive High School

Jackson County Schools

Commerce City Schools

Jefferson City Schools

706-367-5003

706-367-5151

706-335-5500

706-367-2880

Employment

Georgia Labor Department 706-583-2578
Offer a range of employment services and information.
Career Center-Goodwill Industries of North Georgia 706-433-1908

Financial

Child Support Enforcement 1-877-GA-DHS GO
Madison, Oglethorpe, Clarke, and Oconee Counties 1-877-423-4764

Cooperative Extension Service
Clarke County 706-613-3640
Madison County 706-795-2281
Oconee County 706-769-3946
Oglethorpe County 706-743-8341
Jackson County 706-367-6344

Clarke County Salvation Army 706-543-5350
Offer emergency financial assistance as funds are available. Business hours
8:00-4:30 Monday- Friday. Need proof of income, address, and ID or Medicaid card. By appointment.
Ask for Yevonne Williams.

Ebenezer Baptist Church - West 706-613-9278
Offers emergency financial assistance Monday 4-6pm and Tuesday through
Thursday from 4:00pm-6:00pm.

The Ark - United Ministry Outreach Center - 706-548-8155
Offers emergency financial assistance for recent loss of income.
Verification required. Serves Clarke, Madison, Oglethorpe, and Oconee.

Clarke County Department of Family and Children Services 706-227-7000
Temporary Assistance For Needy Families - (T.A.N.F.) Business hours
Monday-Friday 8:00-5:00. Need picture ID, proof of income, address, and SS#. If there is no income then call or go in
before 4:00pm.

Madison County Department of Family and Children Services 706-795-2128
(appointment only) ask for Donnie Morgan. Business hours Monday- Friday
8:00-5:00. Immunizations must be current.

Oconee County Department of Family and Children Services 706-310-2260
Monday and Friday 8am-5pm

Oglethorpe County Department of Family and Children Services 706-743-8152
Business hours Monday-Friday 8:00-4:30 (by appointment only)

Jackson County Department of Family and Children Services 706-367-3000

Consumer Credit Counseling 800-251-2227
Offers confidential budget, housing, and pre-bankruptcy counseling. Pre-bankruptcy counseling not free of charge.

St. Joseph's Charities 706-549-4208
Emergency financial assistance and food bank. Operates Monday & Wednesday
(appointment only) 10am to 12:00pm. Call for appointment; Monday, Tuesday, Wednesday 10am-12 pm. Need SS#,
proof of address, income, bills and ID.

Crisis Resource Center 706-369-6813
Provides utility assistance to families and individuals meeting eligibility
requirements. Distributes food boxes to qualifying applicants. Electric, Gas, and Water assistance.

Food

WIC Program. Offers food vouchers to pregnant women, post-partum women and children birth through age five.
Operates out of local health departments.

Clarke County Health Department-410 McKinley Drive site only 706-369-5816
Madison County Health Department 706-795-2131
Oconee County Health Department-for WIC press 2 706-769-3983
Oglethorpe County Health Department 706-743-8181
Jackson County Health Department 706-335-3895

Together Building a Community Outreach Center 706-208-8066
Food distribution is done on Mondays at 2:00. Contact Dr. Craft

The Ark 706-548-8155.
Makes referrals to the Athens Area Emergency Food Bank. Operates Monday
through Friday from 9:00am-12:30pm. Non-citizens applicable for food bank. Need interpreter.

The Ark, Jackson County 706-367-8365
Hours are Monday, Wednesday, and Friday 9-11am

Food Stamps - Money to be spent only on food for income eligible participants
Need ID and must come in to fill out application at Clarke County DFCS

Clarke County DFCS Monday - Friday 8am-5pm 706-227-7000
Madison County DFCS 706-795-2128
Oconee County DFCS Monday-Friday 8am-5pm 706-310-2260
Oglethorpe County DFCS 706-743-8152
Jackson County DFCS 706-367-3000

ACTION-open Monday-Friday 8am-4:30pm
Commodity Foods 706-546-8293
Madison County 706-795-2180
Oconee County 706-769-3981
Oglethorpe County 706-743-8479
Jackson County 706-367-9599
Jackson County Community Food Pantry (DFACS referral) 706-367-8974
Banks-Jackson Emergency Food Bank (referral required) 9:30-1:30 706-335-5143
Jackson County Bethany United Methodist Church 706-367-8042
(Tuesday's 3:00-4:30 walk-ins)
Jefferson County First Baptist Church (referral required) 706-367-8332

Area Churches Together Serving (ACTS) - Oconee County Only 770-725-2330
Operate a clothing closet & food shelf. 9-1 pm Tuesday/Friday

Health Care

Public Health - Offers a wide variety of services to residents of any age on a sliding fee scale. Services include, but are
not limited to, Reproductive Health, Childhood Immunizations, Adult Immunizations, Acute Care, STD, Diabetes

Management, and Nutritional Counseling.

Clarke County Health Dept. (main office)	706-542-8600
Madison County Health Dept. (Danielsville)	706-795-2131
Madison County Health Dept. (Colbert)	706-788-2143
Oconee County Health Dept.	706-769-3983
Oglethorpe County Health Dept.	706-743-8181
Jefferson Health Department	706-367-5204
Commerce Health Department	706-335-3895
Health Information Line- Monday through Friday-9-5	1-800-473-4357

Georgia Partnership for Caring Foundation, Inc. 800-982-4723
Healthy Mothers, Healthy Babies Coalition. Statewide toll-free referral line.
Assists families in obtaining needed healthcare services.

Children's Medical Services 706-389-6923
Serves children birth through 21 years with chronic healthcare problems
and/or developmental disabilities. Mon-Fri 8-5pm.

Peach Care for Kids 1-877-GA-PEACH
Health care insurance for children not eligible for Medicaid and not covered
by other insurance. Cost is \$10-\$35 per month for one child and is maximum \$70.00 per month for two or more
children. Children under 6 are free. www.peachcare.org

Athens Nurses Clinic 706-613-6976
Free health care services for the homeless and indigent. Non-emergency
routine care is offered as well as prescriptions. Business hours Monday-Thursday 8:00am-1:00pm and walk-ins welcome
at 7:30am. www.athesnursesclinic.org

Athens Neighborhood Health Center 706-546-5526
Provides primary outpatient healthcare services to on a sliding fee scale.
Services include family planning, gynecological services, pregnancy testing, hypertension treatment, diabetes
treatment, and lab services. Monday-Friday 8-5pm.

Mercy Health Care 706-425-4044
Medical Ministry Building-767 Oglethorpe Avenue. Provides free medical care
for non-insured patients every fourth Tuesday and Thursday of the month. For appointments call on Tuesdays between
12 noon-2pm. Dental appointments are Fridays for fillings and extractions only.

Jackson County, Children First 706-335-3895
(Pregnant Teens, Children Birth to age 3)

HOPE Resource Center - HOTLINE 706-367-5304
Business 706-367-5299

Confidential counseling for abortion, adoption, free pregnancy tests,
non-medical ultrasounds, pregnancy loss, post abortion, and assistance for young mothers. Clothes closet, prenatal and
parenting classes. Hours are Monday and Wednesday from 10:30am-1:30pm.

Housing

Housing Connection 706-353-1313 or 800-924-5085
Contains a database with listings of all affordable housing in all
surrounding counties. Contact Michelle Rosten.

Athens Housing Authority	706-548-4446
Comer Housing Authority	706-783-4463
Danielsville Housing Authority	706-795-3393
Commerce Housing Authority	706-335-3611

Jefferson Housing Authority Provide affordable housing for income eligible individuals.	706-367-8311
Georgia Department of Community Affairs Provides financial assistance for affordable housing for income eligible people.	888-318-0354 or 369-5636
Habitat for Humanity, Jackson County	706-335-7823
Homeless Assistance Hotline	1-800-448-0636
<u>Mental Health</u>	
Family Counseling Service of Athens Offers a variety of counseling services on a sliding fee scale. Monday-Friday 9-5. 6'o-clock appointments are available.	706-549-7755
Advantage Healthcare Systems Clarke and Oconee County Mental Health Clinic Jackson County Mental Health and Alcohol/Drug Abuse Clinic	706-389-6767 ext. 1309 706-367-5258
Georgia Crisis & Access Line The Georgia Crisis & Access Line is staffed with professional social workers and counselors 24 hours a day, every day to assist those with urgent and emergency needs. Those callers who need more routine services are directly connected with the agency of their choice and given a scheduled appointment. To search the provider resource base go to http://www.mygcal.com	1-800-715-4225
Georgia Post Partum Support Network 7 am-10 pm www.GPSNetwork.org	1-866-944-4776
McPhaul Marriage and Family Therapy Clinic Offers counseling on a sliding fee scale.	706-542-4486
P.A.C.E.-PPD (Postnatal Psychiatric Disorders/Postpartum Depression) Peer Support Meeting- Informal peer group meeting for women with PPD; no childcare available at this time but breastfeeding infants 6 months and under are welcome. 2 nd and 4 th Tuesday of every month, Nuci's Space, 7-9pm, free. 678-661-0016 or email compassion@ppdacceptance.org .	
Samaritan Counseling Center Offers marriage and family counseling on a sliding fee scale. Very flexible service but not for intensive therapy.	706-369-7911 or 800-490-7911
UGA Psychology Clinic Counseling offered on a sliding fee scale.	706-542-1173
<u>Miscellaneous</u>	
Catholic Charities of Atlanta Provides services to the community at large, offers ESL classes, legal immigration services, outpatient mental health counseling and workshops, seminars, & training	706-548-9421
Community Connection Community Connection has a database with over 3000 listings for food, shelter, employment, legal assistance, civic groups, childcare and much more. Spanish speaking staff.	211 or 706-353-1313
Athens Chapter of Parents Without Partners New Membership Orientation at 7p.m. third Tuesday, Tuckston Methodist Church. Children of all ages. Both custodial	706-227-2275

and non-custodial parents.

Helpline 1-800-CHILDREN
Trained staff and volunteers are available Monday through Friday from 9:00 am to 5:00 pm to answer questions and provide information.

Legal Connection 706-353-1313
Community Connection can compile a list of legal resources.

Georgia Legal Services Program 706-227-5362

Legalaids-GA.org Georgia's web site guide to free legal information and services.

Athens Justice Project - 706-613-2026. Provides legal representation and counseling to low income individuals with pending criminal charges in Clarke or Oconee. Call for more information or an application.

Jackson County Public Defenders Office 706-387-6317

Victim Assistance Program, Jackson County 706-387-6288

Social Security Office 866-964-3294
1650 Prince Ave. Athens, GA 30606 M-F 8:30-3:30 pm

Parenting/Parent-Child Activities

Athens Area Mothers of Multiples- Meet with other mothers of multiples the second Tuesday of every month at a local restaurant. 7-9 PM email -- Gretchen athensmoms@aol.com or Athensmoms.blogspot.com

Mother Care- A support Group for breastfeeding moms. Meetings are casual, open discussions led by a certified lactation consultant. They are free and there's no need to register-just drop in! A digital scale is available at meetings to make it easy for you to track your baby's weight gain. Who: Expectant Moms, breastfeeding moms and nursing babies or children are welcome. (Older siblings must be supervised) When: Tues. & Thurs. 6:30-8 pm & Sat. mornings-10:30AM-12:00PM. Where: ARMC classroom A in the Prince Tower. Call Lactation Services, Amy, Elizabeth and Keri-Jo at ARMC 706-475-3385.

Athens Mothers' Center Morning Group - www.athensga.motherscenter.org, or voice mail: (706) 552-8554. Moms can participate in discussion and activity groups, parenting education, social events and information on community resources in a non-denominational setting. Meet on Tuesdays and Fridays from 9:30 to 11:30 am. Dads are welcome on Fridays.

Green Acres Playgroup-GAP is a group of moms and their young children who get together for fun, friendship, and encouragement. Everyone is welcome! www.greenacreschurch.com, playgroup@greenacreschurch.com.

La Leche League of Greater Athens-Breastfeeding support the 3rd Tuesday of each month at 10 a.m. at St. Stephens Anglican Church on Timothy Road and at 7 pm (call or email for location to ksjordan@earthlink.net or Stephanie at 706-543-4474). Babies and toddlers welcome. www.lli.org

MOPS, Mothers of Preschoolers-MOPS is a fun time of discussion, teaching, creative activities and making friends with other moms. All mothers of preschoolers (birth to 5 years of age) are invited. MOPS meets the 1st & 3rd Wednesday of each month from 9:30-11:30 a.m. at Grace Fellowship at 1120 Malcom Bridge Road in Bogart, GA. Childcare reservations are required. Please call Martha at 706-769-4001 or email her at mcahoon@graceathens.com to reserve a spot in the nursery. You can check out our group at <http://welovemops.wordpress.com>

Bear Hollow Wildlife Trail - 706-613-3616. Have live animal exhibits and educational programs. Trail open daily 9am-5pm. Exhibit hall open Sunday 1-4pm

Clarke County Leisure Services - 706-613-3800. Offers a variety of activities and classes for residents of all ages.

Athens Clarke County Library- 706-613-3650. Offers:

- Infant Storytime- For infants up to 24 months, some Mondays from 10:30 & 1:30 pm
- Toddler Storytime- For children 18 months- 5 years, Tuesdays and Wednesdays at 9:30am and 10:30am.
- Bedtime Stories- Mondays at 7:00 pm. Spanish- Wednesdays at 7:30 pm.
- The Family Place- Offers a 5-session series of weekly workshops for children ages 1-3 and their caregivers.

Commerce Public Library 706-335-5946

Jefferson Public Library - 706-367-8012- Story time for Children Under 5- Tuesdays and Thursdays at 10:15; Stories, songs, puppets and finger plays.

Mother's Morning Out Program - Beech Haven Baptist Church "Live-Oak Morning School- 706-546-0669. Childcare is offered for ages 6 weeks to 5 years. Monday-Friday-9-1; \$12.00/day.

Athens Single Parent Network (ASPN) - A single parent support group that meets to do various activities and go over parenting skills that will be helpful to single parents. Email AthensSPN@gmail.com for more information.

AthensGAMommies.com - To provide a safe, secure, FREE place for mothers to find support and encouragement from other mothers and to empower them to be better women, parents, and community leaders. Go to athensgamommies.com for more information.

Safety

Poison Control Center - 1-800-222-1222 (national #).

Georgia Poison Control - Provides emergency instructions for anyone who has ingested or been exposed to poison. English and Spanish. 1-800-282-5846

Consumer Product Safety Commission Hotline - 1-800-638-2772 or on the Internet at www.cpsc.gov.

Car Seat Safety Check-Georgia State Patrol-Pam Short 706-542-8660

Car Seat Safety Check-ACC Sheriff's Office 706-613-3250

Auto Safety Hotline 1-888-327-4236.

Substance Abuse

Athens Area Commencement Center - 706-546-7355 or 866-294-1830
Call for time and dates.

Advantage Behavioral Health Systems 706-369-5745

Support

Fathers are Parents Too 706-369-3944
7:30 p.m. Tuesdays, Athens Regional Medical Center Barley New Club.
Contact Peter W. Kennedy, president

Parents and Children with illnesses and disabilities 706-540-5286

Transportation

Athens Transit 706-613-3430

DHR Coordinated Transportation 706-227-5306
Provides non-medical transportation for anyone receiving TANF; trip order must be submitted by caseworker at least 24 hours in advance.

Southeast Trans 866-388-9844
Non-Emergency medical transportation for Medicaid recipients. Call three working days before the appointment, Monday through Friday from 7a.m. to 6p.m. Have Medicaid ID, name and address of destination and name of Dr. that will be seen.

The Ark, Jackson County - 706-367-8365
Can assist with transportation for medical appointments.

Wheels to Work- 706-769-7922
Provides no interest loans to qualified TANF recipients to use toward purchase of automobile.
Apply through DFCS case worker.

Web Sites and Suggested Reading

Better Brains for Babies: www.bbbgeorgia.org

National Center for Fathering- www.fathers.com

Zero to Three: National Center for Infants, Toddlers and Families - <http://www.zerotothree.org>

Lamaze - Lamaze.org

Infant sign language information- www.littlesigners.com

Safety - www.safechild.net/

Smart Start - www.ncsmartstart.org

Amy Spangler, Breastfeeding: A Parent's Guide

Laura A. Jana and Jennifer Shu, Heading Home with Your Newborn: From Birth to Reality

Ronald Levant, Between Father and Child: how to become the kind of father you want to be.

Cecilia Worth, The Birth of a Father: new fathers talk about pregnancy, childbirth and the first three months.

Irene Frank, The Parent's Desk Reference.

Phyllis Therous, Night Lights for Parents in the Dark.

Thomas Gordon, Ph.D., Teaching Children Self Discipline at Home and at School.

Kenneth West, 21 Deadly Myths of Parent: and 21 Creative Alternatives.

Ellen Galinsky, The Six Stages of Parenthood.

Sullivan and St. Claire Adamms, The Father's Almanac, revised.

Bradley G. Richardson, Daddy Smarts: A Guide for Rookie Fathers.

Editors of Consumers Guide with Louise Bates, Complete Book of Parenting: The parent's question and answer book.

First Steps is a program model developed by Prevent Child Abuse Georgia.