



COMMUNITY RESOURCE LIST

HEALTHY FAMILIES/FIRST STEPS 706-548-3216
1551 Jennings Mill Road Suite 700A, Bogart, GA 30622

PCA Georgia Helpline (Monday-Friday 9:00 am to 5:00 pm) 1-800-CHILDREN
(Spanish speaker available)

Children's Healthcare Nurseline - 24 hour medical question line 404-250-KIDS
(not toll free)

BREAST-FEEDING

Support Groups (Free)

- La Leche League of Greater Athens - ksjordan@earthlink.net 706-543-4474
- St. Mary's Healthcare 706-549-7864
- WIC Breastfeeding Peer Counseling 706-227-5363
- Mothers Care Breastfeeding Support Group 706-475-3385

Lactation Consultants

- Clarke County Health Dept. 706-542-8600
- Oglethorpe County 706-743-8181
- Athens Regional Medical Center 706-475-3385

CLASSES

- Parenting Classes - call for a schedule or to sign up. 706-548-3216
Classes include information regarding developmental milestones, age appropriate discipline strategies, and help promoting positive parent child interactions. For parents with children of all ages. Classes are free and childcare is provided.
- Athens Regional Medical Center - call for schedule 706-475-5620
Hospital tours can be arranged as well as classes regarding topics such as childbirth and breastfeeding.
- St. Mary's Hospital 706-549-7864
Hospital tours can be arranged as well as classes regarding topics such as childbirth and breast-feeding. Contact Melissa McDaniel.
- Full Bloom - Pregnancy & Early Parenting Center 706-353-3373
Pregnancy & Early Parenting Classes, Breast-feeding & Postpartum Support, Doula Referrals, Pre- & Postnatal Yoga, Parent Groups Tue-Fri 10 am-5 pm & Sat 10 am-3 pm
- Baby Touch-Infant Massage, parent education & developmental play 706-540-6551
www.babytouchinfantmassage.com
- Baby Signs-Sign language for babies-Tracey Summers 850-653-5016
www.babysignsprogram.com/withtraceysummers

CHILD CARE

The Georgia Resource and Referral Center at Quality Care for Children 877-722-2445
Referrals to child care for infants, toddlers, and preschoolers and after-school care for school age children. Monday - Friday 8:30 am - 5:00 pm www.allgakids.org

Subsidized Child Care Program - DFCS 706-227-7002
Subsidized childcare is available to families who are TANF participants and children in CPS custody.

CLOTHES/SUPPLIES

Area Churches Together Serving (ACTS) - Oconee County Only 706-769-8521
Operate a clothing & food closet.

Athens Pregnancy Center 678-753-3180
Medical Ministry Building, 767 Oglethorpe Ave. Offers free pregnancy testing. Offers clothing and supplies for babies as well as maternity supplies. Mon-Fri 9:30 am-4:00 pm

Clarke County Salvation Army Family Store 706-543-5350
Honor agency referrals.

Commerce First Baptist Church Clothes Closet - Open Thurs 1:00-3:00 pm 706-335-4083

Full Bloom Pregnancy & Early Parenting Center 706-353-3373
(515 Gaines School Road) Labor & Birth Products, Breastfeeding Supplies & Clothing, Cloth diapers & accessories, Slings & baby carriers, Skin Care Products

Goodwill Industries 706-433-1900

Jackson County, Brockton Road Baptist Church Clothes Closet 706-367-5801

Jackson County First United Methodist Church 706-367-8667
(provides Layettes for Newborns)

Kids Elite Repeats - new and gently used items, 400 Hawthorne Ave. 706-296-4365
10 am-6 pm Mon-Fri; some Saturdays; clothes, toys, strollers, car seats, maternity

Potter's House, Prince Ave., Athens 706-546-5596
Sell new and used clothing as well as household items. No furniture or appliances. Honor agency referrals.

Potter's House, Jackson County 706-543-8338

Together Building a Community Outreach Center 706-208-8066
Clothing distribution is done quarterly. "The Light" Contact is Dr. Craft.

DOMESTIC VIOLENCE

Project SAFE - Crisis Line 706-543-3331

The Cottage 706-546-1133
(Sexual Assault Center & Children's Advocacy Center of Northeast Georgia)

Crisis Line (24/7) 706-353-1912

EDUCATION

Athens Clarke County Library	706-613-3650
Athens Cooperative Experience (ACE) Home school co-op meets each Thursday from 10 am-3 pm.	706-543-4474
Ferst Foundation A new book every month until age 5 is mailed directly to child's home address, registration is required at website. (Clarke, Madison, Oglethorpe Co. residents only)	www.Ferstfoundation.org
Winterville Library Access to books, magazines & audiovisual aids. Tutorials available for GED, SAT, ACT, GRE, etc	706-742-7735
Commerce Library Rhyme & Rhythm for 6 months and older-45 minutes Friday 10:30 a.m.	706-335-5946
Jefferson Library	706-367-8012
Clarke County Evening Program Offers one to three classes and a dinner meal Monday through Thursday. Must be 16 or older.	706-357-5200
Classic City High School (Performance Learning Center-PLC) 240 Mitchell Bridge Road	706-353-2323
Jackson County Gordon Street Center (Regional Evening School)	706-367-2341
Jackson County Creative Resource Center Adult Learning Center for those with disabilities	706-355-5379
Job Quest Center - Athens Technical College GED preparation classes, Mon-Thurs 8 am-3 pm, Fri 8am-noon; Mon-Thurs 6-8 pm ESL classes: Tuesday/Thursday 7 pm-9 pm	706-355-5031
ESL Classes - Beech Haven Baptist Church English as a second language offered. Free transportation and nursery. Classes held every Thurs morning 9:30-11:30. No initial phone call needed; you can just show up at class time and go to the Fellowship Hall.	706-548-2246
Right Start Assists parents of children birth through seven years. Basic Adult education and tutoring for GED offered. Also, offers E.S.L. classes. Childcare, transportation parenting and meals available. Follows UGA calendar (meets mid-August through early May).	706-357-5239
Jackson County Head Start	706-367-7257
Jackson County Comprehensive High School	706-367-5003
Jackson County Schools	706-367-5151
Commerce City Schools	706-335-5500
Jefferson City Schools	706-367-2880

EMPLOYMENT

Georgia Labor Department Offer a range of employment services and information.	706-583-2578
Career Center-Goodwill Industries of North Georgia	706-433-1908

FINANCIAL

Child Support Enforcement

Madison County and Oglethorpe County
Clarke County and Oconee County

706-213-2014
706-369-5614

Cooperative Extension Service

Clarke County
Madison County
Oconee County
Oglethorpe County
Jackson County

706-613-3640
706-795-2281
706-769-3946
706-743-8152
706-367-6344

Clarke County Salvation Army

Offers emergency financial assistance as funds are available. Business hours 8:00 am-4:00 pm
Mon-Fri. Need proof of income, address, and ID or Medicaid card. **By appointment.** Ask for Wanita Archer.

706-543-5350

Ebenezer Baptist Church - West

Offers emergency financial assistance Mon-Thurs 5:00 pm-7:00 pm

706-613-9278

The Ark - United Ministry Outreach Center

Offers emergency financial assistance for recent loss of income. Verification required.
Serves Clarke, Madison, Oglethorpe, and Oconee.

706-548-8155

Clarke County Department of Family and Children Services

Temporary Assistance For Needy Families - (T.A.N.F.) Business hours Mon-Fri 8:00 am-5:00 pm.
Need picture ID, proof of income, address, and SS#. If there is no income then call or go in before 4:00pm.

706-227-7000

Madison County Department of Family and Children Services

(By appointment only) ask for Donnie Morgan. Business hours Mon-Fri 8:00 am-5:00 pm.
Immunizations must be current.

706-795-2128

Oconee County Department of Family and Children Services

Monday & Thursday 9:00 am-1:00 pm.

706-310-2260

Oglethorpe County Department of Family and Children Services

Business hours Monday-Friday 8:00 am-4:30 pm (by appointment only)

706-743-8152

Jackson County Department of Family and Children Services

706-367-3000

Consumer Credit Counseling

Offers confidential budget, housing, and pre-bankruptcy counseling.
Pre-bankruptcy counseling not free of charge.

800-251-2227

St. Joseph's Charities

Emergency financial assistance and food bank. Operates Monday & Wednesday (by appointment only) 10 am to 12:00 noon. Call for appointment; Monday, Tuesday, Wednesday 10:00 am-12:00 pm. Need SS#, proof of address, income, bills and ID.

706-549-4208

Crisis Resource Center

Provides utility assistance to families and individuals meeting eligibility requirements.
Distributes food boxes to qualifying applicants. Electric, Gas, and Water assistance.

706-369-6813

FOOD

WIC Program. Offers free food vouchers to pregnant women, post-partum women and children birth through age five. Operates out of local health departments.

Clarke County Health Department 410 McKinley Drive site only	706-369-5816
Madison County Health Department	706-795-2131
Oconee County Health Department for WIC -- Press "2"	706-769-3983
Oglethorpe County Health Department	706-743-8181
Jackson County Health Department	706-335-3895

Together Building a Community Outreach Center	706-208-8066
Food distribution is done on Mondays at 2:00. Contact Dr. Craft	

The Ark	706-548-8155
Makes referrals to the Athens Area Emergency Food Bank. Operates Mon-Fri 9:00 am-12:00 noon. Non-citizens applicable for food bank. Need interpreter.	

The Ark, Jackson County	706-367-8365
--------------------------------	--------------

Food Stamps - Money to be spent only on food for income eligible participants Need ID and must come in to fill out application at Clarke County DFCS	
Clarke County DFCS Mon-Friday 8 am-5 pm	706-227-7002
Madison County DFCS	706-795-2128
Oconee County DFCS MonThurs 9 am-1 pm	706-769-3981
Oglethorpe County DFCS	706-743-8152
Jackson County DFCS	706-367-3000

ACTION - open Monday-Friday 8:00 am-4:30 pm	
Commodity Foods	706-546-8293
Madison County	706-795-2180
Oconee County	706-769-3981
Oglethorpe County	706-743-8479
Jackson County	706-367-9599
Jackson County Community Food Pantry (DFACS referral)	706-367-8974
Banks-Jackson Emergency Food Bank (referral required) 9:30 am-1:30 pm	706-335-5143

Jackson County Bethany United Methodist Church (Tuesday's 3:00 - 4:30 pm walk-ins)	706-367-8042
--	--------------

Jefferson County First Baptist Church (referral required)	706-367-8332
--	--------------

HEALTH CARE

Public Health - Offers a wide variety of services to residents of any age on a sliding fee scale. Services include, but are not limited to, Reproductive Health, Childhood Immunizations, Adult Immunizations, Acute Care, STD, Diabetes Management, and Nutritional Counseling.

Clarke County Health Dept. (main office)	706-542-8600
Madison County Health Dept. (Danielsville)	706-795-2131
Madison County Health Dept. (Colbert)	706-788-2143
Oconee County Health Dept.	706-769-3983
Oglethorpe County Health Dept.	706-743-8181
Jefferson Health Department	706-367-5204
Commerce Health Department	706-335-3895
Health Information Line - Monday through Friday 9:00 am-5:00 pm	1-800-473-4357

Georgia Partnership for Caring Foundation, Inc. 800-982-4723
Healthy Mothers, Healthy Babies Coalition. Statewide toll-free referral line.
Assists families in obtaining needed healthcare services.

Children's Medical Services 706-542-9653
Serves children birth through 21 years with chronic healthcare problems and/or developmental disabilities. Mon-Fri 8:00 am-5:00 pm

Peach Care for Kids 1-877-GA-PEACH
Health care insurance for children not eligible for Medicaid and not covered by other insurance.
Cost is \$7.50 per month for one child and is \$15.00 per month for two or more children.

Athens Nurses Clinic 706-613-6976
Free health care services for the homeless and indigent. Non-emergency routine care is offered as well as vaccines and prescriptions. Business hours Monday, Tuesday and Thursday 8:00 am-3:00 pm and walk-ins welcome from 8:00 - 8:30 am.

Athens Neighborhood Health Center 706-546-5526
Provides primary outpatient healthcare services to on a sliding fee scale. Services include family planning, gynecological services, pregnancy testing, hypertension treatment, diabetes treatment, and lab services. Mon-Fri 8:00 am-5:00 pm.

Mercy Health Care 706-425-4044
Medical Ministry Building - 767 Oglethorpe Avenue. Provides free medical care for non-insured patients every fourth Tuesday and Thursday of the month. For appointments call on Tuesdays between 12 noon-2:00 pm. Dental appointments are Fridays for fillings and extractions only.

Jackson County, Children First 706-335-3895
(Pregnant Teens, Children Birth to age 3)

HOPE Resource Center HOTLINE 706-367-5304 / Business line 706-367-5299
Confidential counseling for abortion, adoption, free pregnancy tests, non-medical ultrasounds, pregnancy loss, post abortion, and assistance for young mothers. Clothes closet, prenatal and parenting classes. Call for hours of operation or more information.

HOUSING

Housing Connection 706-353-1313 or 800-924-5085
Contains a database with listings of all affordable housing in all surrounding counties. Contact Michelle Rosten.

Athens Housing Authority 706-548-4446
Comer Housing Authority 706-783-4463
Danielsville Housing Authority 706-795-3393
Commerce Housing Authority 706-335-3611
Jefferson Housing Authority 706-367-8311
Provide affordable housing for income eligible individuals.

Georgia Department of Community Affairs 888-318-0354 or 369-5636
Provides financial assistance for affordable housing for income eligible people.

Habitat for Humanity, Jackson County 706-335-7823

Homeless Assistance Hotline 1-800-448-0636

MENTAL HEALTH

Family Counseling Service of Athens Offers a variety of counseling services on a sliding fee scale. Mon-Fri 9:00 am-5:00 pm. 6:00 pm appointments are available.	706-549-7755
Advantage Healthcare Systems Clarke County Mental Health Clinic Oconee County Mental Health Clinic Jackson County Mental Health and Alcohol/Drug Abuse Clinic	706-542-8656 706-369-5745 706-367-5258
Georgia Crisis & Access Line The Georgia Crisis & Access Line is staffed with professional social workers and counselors 24 hours a day, every day to assist those with urgent and emergency needs. Those callers who need more routine services are directly connected with the agency of their choice and given a scheduled appointment. To search the provider resource base go to http://www.mygcal.com	1-800-715-4225
Georgia Post Partum Support Network 7:00 am-10:00 pm www.GPSNetwork.org	1-866-944-4776
McPhaul Marriage and Family Therapy Clinic Offers counseling on a sliding fee scale.	706-542-4486
P.A.C.E.-PPD (Postnatal Psychiatric Disorders/Postpartum Depression) Peer Support Meeting - Informal peer group meeting for women with PPD; no childcare available at this time but breastfeeding infants 6 months and under are welcome. 2 nd and 4 th Tuesday of every month, Nuci's Space, 7:00-9:00 pm, free. Email compassion@ppdacceptance.org	678-661-0016
Samaritan Counseling Center Offers counseling on a sliding fee scale. Very flexible service but not for intensive therapy.	706-369-7911 / 800-490-7911
UGA Psychology Clinic Counseling offered on a sliding fee scale.	706-542-1173 (general line) 706-542-4265 (children) 706-542-4589 (adults)
<u>MISCELLANEOUS</u>	
Catholic Charities of Atlanta Provides services to the community at large, offers ESL classes, legal immigration services, outpatient mental health counseling and workshops, seminars, & training	706-548-9421
Community Connection Community Connection has a database with over 3000 listings from employment, to legal assistance, to civic groups and media. Any topic covered by the database can be printed to specifications and mailed out. Spanish speaking staff.	Dial 211
Athens Chapter of Parents Without Partners New Membership Orientation at 7:00 p.m. third Tuesdays, Tuckston Methodist Church. Children of all ages. Both custodial and non-custodial parents.	706-227-2275
Helpline Trained staff and volunteers are available Monday through Friday from 8:00 am to 8:00 pm to answer questions and provide information.	1-800-CHILDREN
Legal Connection Community Connection can compile a list of legal resources.	706-353-1313

Athens Justice Project 706-613-2026
Provides legal representation and counseling to low income individuals with pending criminal charges in Clarke or Oconee. Call for more information or an application.

Jackson County Public Defenders Office 706-387-6317

Victim Assistance Program, Jackson County 706-387-6288

Social Security Office 866-964-3294
355 E. Hancock Ave., Athens

PARENTING/PARENT-CHILD ACTIVITIES

Athens Area Mothers of Multiples - Meet with other mothers of multiples the second Tuesday of every month at a local restaurant. 7-9 PM email Gretchen athensmoms@aol.com or athensmoms.blogspot.com

Mother Care - A support Group for breastfeeding moms. Meetings are casual, open discussions led by a certified lactation consultant. They are free and there's no need to register-just drop in! A digital scale is available at meetings to make it easy for you to track your baby's weight gain. **Who:** Expectant Moms, breastfeeding moms and nursing babies or children are welcome. (Older siblings must be supervised) **When:** Tues. & Thurs. 6:30-8:00 pm & Sat. mornings 10:30 am-12:00 noon. **Where:** ARMC cafeteria private dining room located in the basement. Call Lactation Services, Amy, Elizabeth and Keri-Jo at ARMC 706-475-3385

Athens Mothers' Center Morning Group - www.athensga.motherscenter.org/voicemail 706-552-8554
Moms can participate in discussion and activity groups, parenting education, social events and information on community resources in a non-denominational setting. Meet on Tuesdays and Fridays from 9:30 - 11:30 am. Dads welcome on Fridays.

Green Acres Playgroup - GAP is a group of moms and their young children who get together for fun, friendship, and encouragement. Everyone is welcome! www.greenacreschurch.com or playgroup@greenacreschurch.com

Mommy Mingle - 1st Tuesday of Every Month-Mommy Mingle is for all new and expecting moms. Come join us in the Family Life Center for fellowship and sharing. If your children are not school age, bring them along for the fun. Young Harris United Methodist Church, 973 Prince Avenue, Athens. 10:00-11:00 a.m. Free. Contact charlotte.house@youngharrisumc.org or call 706-543-2612 for more information.

La Leche League of Greater Athens - Breastfeeding support the 3rd Tuesday of each month at 10:00 a.m. at St. Stephens Anglican Church on Timothy Road and at 7:00 pm (call or email for location to ksjordan@earthlink.net or Stephanie at 706-543-4474). Babies and toddlers welcome. www.llli.org

MOPS, Mothers of Preschoolers - MOPS is a fun time of discussion, teaching, creative activities and making friends with other moms. All mothers of preschoolers (birth to 5 years of age) are invited. MOPS meets the 1st & 3rd Wednesday of each month from 9:30-11:30 a.m. at Grace Fellowship at 1120 Malcom Bridge Road in Bogart, GA. Childcare reservations are required. Please call Martha at 706-769-4001 or email her at mcahoon@graceathens.com to reserve a spot in the nursery. You can check out our group at <http://welovemops.wordpress.com>

Bear Hollow Wildlife Trail 706-613-3616
Have live animal exhibits and educational programs. Open Tuesday through Sunday from 9:00 am to 5:00 pm.

Clarke County Leisure Services 706-613-3800
Offers a variety of activities and classes for residents of all ages.

Athens Clarke County Library 706-613-3650
- Infant Storytime - For infants up to 24 months, some Mondays from 10:30 am & 1:30 pm
- Toddler Storytime - For children 18 mos-5 yrs, Tues & Weds from 9:30-10:15 am & 10:30-11:15 am.
- Bedtime Stories - Mondays at 7:30 pm. Spanish - Wednesdays at 7:30 pm.
- The Family Place - Offers a 5-session series of weekly workshops for children ages 1-3 & their caregivers.

Commerce Public Library 706-335-5946

Jefferson Public Library - 706-367-8012- Story time for Children Under 5 - Mondays, Tuesdays, and Thursdays at 10:15 am; Stories, songs, puppets and finger plays.

Mother's Morning Out Program - Beech Haven Baptist Church "Live-Oak Morning School Childcare is offered for ages 6 weeks to 5 years. Monday-Friday 9:00 am-1:00 pm; \$12/day. 706-546-0669

Athens Single Parent Network (ASPN) - A single parent support group that meets to do various activities and go over parenting skills that will be helpful to single parents. Email AthensSPN@gmail.com for more information.

AthensGAMommies.com - To provide a safe, secure, FREE place for mothers to find support and encouragement from other mothers and to empower them to be better women, parents, and community leaders. Go to athensgamommies.com for more information.

SAFETY

Poison Control Center 1-800-222-1222 (national #)

Georgia Poison Control 1-800-282-5846
Provides emergency instructions for anyone who has ingested or been exposed to poison. English and Spanish.

Consumer Product Safety Commission Hotline 1-800-638-2772
On the Internet at www.cpsc.gov

Car Seat Safety Check-Georgia State Patrol-Pam Short 706-542-8660

Car Seat Safety Check-ACC Sheriff's Office-Sgt. Kenneth Straughter 706-613-3716

Auto Safety Hotline 1-888-327-4236

SUBSTANCE ABUSE

Athens Area Commencement Center 706-546-7355 or 866-294-1830
Call for time and dates.

Advantage Behavioral Health Systems 706-369-5745

SUPPORT

Fathers are Parents Too 706-369-3944
7:30 p.m. Tuesdays, Athens Regional Medical Center Barley New Club.
Contact Peter W. Kennedy, president

Parents and Children with illnesses and disabilities 706-540-5286

TRANSPORTATION

Athens Transit 706-613-3430

DHR Coordinated Transportation 706-227-5306
Provides non-medical transportation for anyone receiving TANF; trip order must be submitted by caseworker at least 24 hours in advance.

Southeast Trans**866-388-9844**

Non-Emergency medical transportation for Medicaid recipients. Call three working days before the appointment, Monday through Friday from 7:00 a.m. to 6:00 p.m. Have Medicaid ID, name and address of destination and name of Dr. that will be seen.

The Ark, Jackson County -**706-367-8365**

Can assist with transportation for medical appointments.

Wheels to Work-**706-769-7922**

Provides no interest loans to qualified TANF recipients to use toward purchase of automobile. Apply through DFCS case worker.

WEB SITES AND SUGGESTED READING

Better Brains for Babies -- www.bbbgeorgia.org

National Center for Fathering -- www.fathers.com

Zero to Three: National Center for Infants, Toddlers and Families -- <http://www.zerotothree.org>

Lamaze - www.Lamaze.com

Infant sign language information -- www.littlesigners.com

Safety -- www.safechild.net/for_parents/toys.html

Smart Start -- www.ncsmartstart.org

Amy Spangler, **Breastfeeding: A Parent's Guide**

Laura A. Jana and Jennifer Shu, **Heading Home with Your Newborn: From Birth to Reality**

Ronald Levant, **Between Father and Child: how to become the kind of father you want to be.**

Cecilia Worth, **The Birth of a Father: new fathers talk about pregnancy, childbirth and the first three months.**

Irene Frank, **The Parent's Desk Reference.**

Phyllis Therous, **Night Lights for Parents in the Dark.**

Thomas Gordon, Ph.D., **Teaching Children Self Discipline at Home and at School.**

Kenneth West, **21 Deadly Myths of Parent: and 21 Creative Alternatives.**

Ellen Galinsky, **The Six Stages of Parenthood.**

Sullivan and St. Claire Adamms, **The Father's Almanac, revised.**

Bradley G. Richardson, **Daddy Smarts: A Guide for Rookie Fathers.**

Editors of Consumers Guide with Louise Bates, **Complete Book of Parenting: The parent's question and answer book.**

9/2010